

## General Waxing Considerations

### CONTRAINDICATIONS

- The presence of the following skin conditions could render you ineligible for waxing: pronounced moles or warts, cuts, open sores, active Herpes, MRSA, acne, sunburn, rashes, cysts, and skin diseases.
- Certain health conditions may result in a less-than-ideal waxing experience or prevent the service altogether: diabetes, poor circulation, chemotherapy/radiation treatments, high blood pressure, low pain threshold, MRSA, and lupus.
- Certain medications cause skin to become thin, fragile and dehydrated. Use of Accutane (Isotretinoin) must be discontinued at least 3 months prior to waxing. Antibiotics and cortisone creams are also contraindications.

### BEFORE WAXING

- Cease shaving or tweezing the area to be waxed at least 2 to 4 weeks in advance. The hair should be at least ¼ inch long.
- Avoid physically or chemically exfoliating at least 48 hours prior to the waxing service to avoid skin sensitivity and skin lifting. This includes chemical peels and topical products containing Retin-A (Retinol), glycolic acid, lactic acid, and salicylic acid.
- Avoid excessive sun exposure at least 48 hours prior to the waxing service.
- Book waxing appointments to occur at least 48 hours prior to special occasions or vacations in case of an adverse reaction. It is normal to experience slight inflammation and redness, which can take hours to diminish.

### AFTER WAXING

- Do not apply makeup for 2 hours after facial waxing.
- Do not apply fragrant oils or lotions over the waxed areas.
- Avoid excessively hot showers, saunas or steam rooms for several hours after waxing.
- Do not use harsh detergent soaps over waxed areas immediately following the service.
- Avoid sun exposure and tanning beds for at least 24 hours after waxing.
- Do not exfoliate the waxed areas in any manner for at least 24 hours.
- DO protect your skin with sunscreen.
- DO keep the skin clean.
- It is okay to apply antibacterial treatment products if you experience infected follicles (white bumps).

FOR BEST RESULTS wax every 3-5 weeks, depending on how fast your hair grows.

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Contact Cindy at *Renewal Skin & Body Center* if you have any questions or concerns.

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